

# Concierge

Collateral



# 8 GREAT SPOTS TO HIT...

## MIAMI NIGHTLIFE



### MIAMI, FLORIDA

#### The Florida Room South Beach

Co-designed by Lenny Kravitz - so serious celeb pedigree. Difficult to get in, but busy, glam and fun - true Miami style. Pianists have included Jamie Foxx.  
Delano Hotel, 1685 Collins Avenue, Miami Beach, FL 33139  
+1 305 672 2000 | [www.delano-hotel.com](http://www.delano-hotel.com) | Area: South Beach

#### Nikki Beach Miami Beach

If Miami Beach is where people come to party, then this is where they focus. The Miami outpost of the famous Nikki Beach chain. Expect bling and bubbles.  
1 Ocean Drive South Beach, Miami Beach, FL 33139  
+1 305 538 1111 | [www.nikkibeach.com](http://www.nikkibeach.com) | Area: Miami Beach

#### Mynt Ultra Lounge Miami Beach

One of the most exclusive clubs in town - a strict door policy that only lets in the most beautiful, famous or generous... Sleek and sexy atmosphere.  
1921 Collins Avenue, Miami Beach, FL 33139  
+1 305 532 0727 | [www.myntlounge.com](http://www.myntlounge.com) | Area: Miami Beach

#### Blue Miami Beach

A laid back alternative to the see-and-be-seen parties along South Beach. Lengthy cocktail list and international DJs.  
222 Espanola Way, Miami Beach, FL 33139  
+1 305 534 1009 | no website | Area: Miami Beach

#### M Bar Brickell

A good spot if you're avoiding the South Beach party scene, or doing business in Brickell. Sophisticated and chic spot - with over 250 different martinis.  
Mandarin Oriental, 500 Brickell Key Drive, Miami, FL 33131  
+1 305 913 8288 | [www.mandarinoriental.com](http://www.mandarinoriental.com) | Area: Brickell

#### B Bar at the Betsy Miami Beach

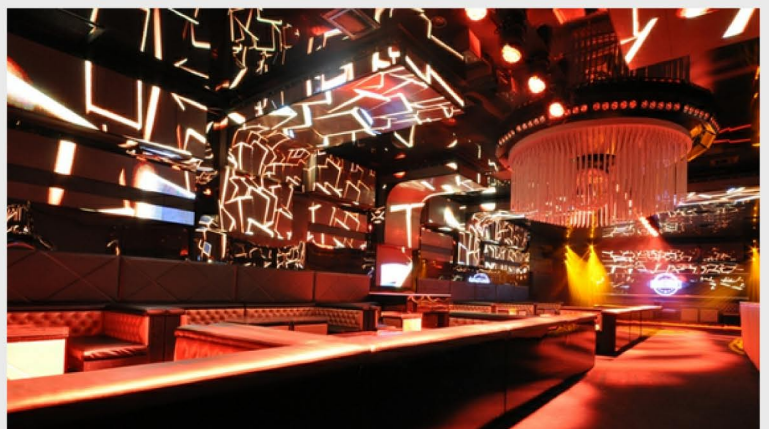
Oodles of vintage Miami glamour at this discreet nightspot in the Betsy Hotel. Locals love it for the pared down vibe, but expect style on par with some of the bigger hot spots.  
1440 Ocean Drive, Miami Beach, FL 33139  
+1 305 531 6100 | [www.thebetsyhotel.com](http://www.thebetsyhotel.com) | Area: Miami Beach

#### Hoy Como Ayer Little Havana

Insiders head to this most authentic Cuban joint in Little Havana for great music, drinks and dancing. Celebrities and locals enjoy live music and DJ.  
2212 SW 8th Street, Little Havana, FL 33135  
+1 305 541 2631 | [www.hoycomoayer.us](http://www.hoycomoayer.us) | Area: Little Havana

#### Bongos Cuban Cafe American Airlines Arena

Fab Cuban bar/restaurant owned by Gloria and Emilio Estefan - worth the trip to a less desirable location. One of the top Latin nightclubs, with live performers, DJs and dancing. Big crowds, best for under 40.  
American Airlines Arena, 601 Biscayne Boulevard, FL 33132  
+1 786 777 2100 | [www.bongoscubancafe.com](http://www.bongoscubancafe.com) | Area: American Airlines Arena



DIDN'T FIND WHAT YOU WERE LOOKING FOR?

*Find something just right for your cardmember*



CONCEPT: CARDMEMBER PIECE



## EXPERT CONNECT: VINTAGE AND NEW WATCH SELLERS

*Here are the top-notch small & larger retailers from whom to source that special timepiece*

### QUALITY VINTAGE SELLERS

#### USA

##### Fourtane Jeweler

One of the leading estate jewelry and vintage watch retail stores in the country, opened in 1950. Although the clientele now spans the globe and the store has significantly expanded, the original small, friendly, and personalized atmosphere remains unchanged.

Ocean Avenue at Lincoln, Carmel, CA 93921 | +1 831 624-4684 | <http://www.fourtane.com>

##### Aaron Faber Gallery

Aaron Faber focuses on three areas of expertise: contemporary studio jewelry, classic jewelry new and old, and collectible vintage timepieces. The gallery provides professional services such as appraisals; fine jewelry repair and restoration; and estate buying and selling. It also consigns private collections for sale.

666 Fifth Avenue New York, NY 10103 | +1 212 586 8411 | <http://www.aaronfaber.com>

##### Michael Ashton Watches

Michael Ashton himself is amongst the most reputable and knowledgeable dealer of important watches in the world. His expertise and knowledge on important vintage watches is highly respected.

933 Madison Ave. New York, NY 10021 | 212-517-6657 | <http://www.michaelashtonwatches.com/home.php>



**BERNARDO**  
ANTICHITÀ



**N. GREEN & SONS INC.**



**FOURTANÉ**  
CARMEL-BY-THE-SEA



**LANG**





## EXPERT CONNECT: VINTAGE AND NEW WATCH SELLERS

### QUALITY VINTAGE SELLERS

#### ABROAD

##### The Time Traveler

Focus on the Rolex Brand, even more so on the area of Vintage Rolex Sport Models from the 1950's forward. Their aim is simple, they say, to provide high quality pieces that do not come with 'issues'...they purport to use their experienced eyes and put in the leg work so you can sleep well at night. All sales are backed by a 7 day no-quibble return policy if in any way the time piece is not as described.

Suite 712 8 Shepherd Market, Mayfair, London W1J 7JY | [www.thetimetraveler.co.uk](http://www.thetimetraveler.co.uk)

##### Ian Blowers Jewellers

Tag Heuer, IWC, Blancpain and Breitling are amongst the brands represented here. They specialize in the highest quality pre-owned watches, selling direct to seekers from their shop premises, built in 1790 and situated in the center of Hull, England.

43 Savile Street Kingston upon Hull, East Yorkshire, HU1 3EA | +01482 323921 | [www.blowers-jewellers.co.uk](http://www.blowers-jewellers.co.uk)

### TOP-NOTCH WATCH SELLERS - NEW TIMEPIECES

#### USA

##### Robert Maron Inc.

More than just a high-profile dealer, Mr. Maron is equally known throughout the world for his expertise in ultra-rare, high-grade and vintage Swiss watches. Among the watches which have passed through his appreciative hands (and in some instances into his private collection) are the among the rarest vintage Patek Philippe, numerous Patek Philippe minute repeating wristwatches, several Paul Newman Rolex Daytonas, perhaps the most complete set of early Rolex Submariner prototype watches ever assembled, the Audemars-Piguet Grand Complication, the Breguet Souscription set, the Ulysse Nardin Genghis Kahn, and many more.

2060 Avenida de los Arboles, Suite 309, Thousand Oaks, CA 91362 | +1 818 707 7007 | [www.robertmaron.com/home.php](http://www.robertmaron.com/home.php)

##### Tourneau

Tourneau is the ever-evolving watch superstore providing the best variation of luxury watches. The company currently holds an unrivaled presence in the luxury watch retail market, with 38 stores throughout the country, as well as their e-commerce site, [Tourneau.com](http://Tourneau.com).

The Tourneau Concept Store | 510 Madison Avenue New York, NY 10022 | +1 212 758 5830 | Various locations throughout the United States | [www.tourneau.com](http://www.tourneau.com)

### TOP-NOTCH WATCH SELLERS - NEW TIMEPIECES

#### ABROAD

##### Les Ambassadeurs

Known to be one of the leading watch and jewellery stores in Switzerland, this purveyor prides itself with a high level of expertise among their employees. Here is a selection of the featured brands at LES AMBASSADEURS: Audemars Piguet, Breguet, Blancpain, Breitling, Cartier, Girard-Perregaux, Greubel Forsey, IWC, Urwerk, Ulysee Nardin and Jaeger LeCoultre.

AG – Bahnhofstrasse 64 8001 Zürich | +41 44 227 17 17 | [www.lesambassadeurs.ch](http://www.lesambassadeurs.ch)



GIFT GUIDE FOR A MALE BOSS  
(UNDER \$150)

## 1) RALPH LAUREN BLACK LABEL SATIN DOTS POCKET SQUARE

For the fashionable or... aspiring fashionable! Available in a variety of colors, your boss is sure to love this classic pocket square. It's the perfect excuse to add a little flare to his everyday business look.

\$85 / [Buy online at ralphlauren.com](http://ralphlauren.com)

## 2) HEX CODE WALLET

For the practical iPhone user. How many stories has he told you about the time he dropped his cell or forgot it at the bar? Well, this clever gift will help you solve all his iPhone neglect problems. He'll thank you the next time he goes to pay for a taxi, knowing his phone is safe and secure rather than rolling around on the cab floor.

\$50 / [Buy online at shophex.com](http://shophex.com)

## 3) POLARA ULTIMATE STRAIGHT XS GOLF BALLS

For the Golf Neophyte. Can you sense his frustration on the driving range and fear you might lose him to tennis? Give him a set of these golf balls to start and watch as he immediately regains his confidence and interest in the sport and thanks you for it!

\$30 / [Buy online at polaragolf.com](http://polaragolf.com)

## 4) FRIDAY NIGHT LIGHTS COMPLETE SERIES

For the TV Buff. You know he loves the show, he's only told you about a hundred times. Just think how happy he'll be when he has the complete series at home and at his disposal, nestled into his DVD collection, just waiting to be watched.

\$107 / [Buy online at amazon.com](http://amazon.com)

## 5) METROKANE VIP BOTTLE OPENER

For the budding Oenophile. So you can't get him a bottle of wine, because let's face it, you're not nearly as educated as is he! But how about a great accessory for his collection? This special edition of the original Rabbit corkscrew comes with a chrome and leather case - nice presentation.

\$130 / [Buy online at metrokane.com](http://metrokane.com)

## THE MONTHLY LIFESTYLE REPORT

prepared for:

Concierge Team

NEW YORK CITY  
OCTOBER 2011

## HIP &amp; DELICIOUS RESTAURANTS

## CROWN - OPENED SEPTEMBER 2011

UPPER EAST SIDE

Occupying a 1920s townhouse and with a retro feel, this is the new uptown clubby restaurant by John DeLucie from The Lion and Waverly Inn. Anticipate continental cuisine and a see-and-be-seen crowd. Best seat in the house is the secret panic room complete with a private bar, a sofa and a VIP table.

24 East 81st Street | +1 646 559 4880 | No website available

## UNTITLED AT THE WHITNEY - OPENED MARCH 2011

UPPER EAST SIDE

New breakfast/ lunch restaurant from Danny Meyer, located inside the Whitney Museum of American Art, where the menu takes on sophisticated versions of coffee shop classics. The pastrami sandwich is a not-to-miss. A farm-to-table, market-driven dinner is served only on Friday, Saturday and Sunday evenings if after a very basic, casual ambience. Well-priced by Upper East Side standards.

945 Madison Avenue | +1 212 570 3670 | www.untitledatthewhitney.com

## LA MAR CEBICHERIA - OPENED SEPTEMBER 2011

FLATIRON /NEAR GRAMERCY (\*in the former space of Danny Meyer's "Tabla", Madison Avenue at 25th Street)

Peru's most famous chef Gastón Acurio has opened a New York outpost of his famous Lima institution - with great success. Ceviches and seafood dishes are the specialties; chalaco topped with fried calamari is the recommended favorite of Kenny Abisror, head concierge of The Mandarin Oriental NYC. Don't miss ordering one of the empanadas and do request a banquet table - tables in the middle of the restaurant have backless seats which can be uncomfortable. Deserts? respected chef Mario Batali says: AMAZING.

11 Madison Avenue | +1 212 612 3388 | www.lamarcebicheria.com

## MAS LA GRILLADE - OPENED OCTOBER 2011

WEST VILLAGE

Smoked french BBQ. Intriguing - and delicious. A cosy, casual farm-style duplex is bustling and romantic at the same time. Great newcomer this Autumn..

28 Seventh Avenue South | +1 212 255 1795 | www.maslagrillade.com

## THE DUTCH - OPENED APRIL 2011

SOHO

Despite its name, this hipster serves a fabulous rustic American menu from popular 'Locanda Verde's' chef Andrew Carmellini. It is a lesser-known gem in NY and wonderful suggestion for Autumn. Stylish/casual with walk-in bar and oyster room plus reservations-only dining room. Must have the little oyster sandwiches and leave room for pie.

131 Sullivan Street (at Prince Street) | +1 212 677 6200 | www.thedutchnyc.com

## ST. ANSELM - OPENED JULY 2011

BROOKLYN

No matter what the economy, no matter what the season, people search out the best Steak restaurants when in New York. This fairly priced newcomer is in Williamsburg, Brooklyn (an approx. 20 minute taxi ride with no traffic) and has been toasted already as one of NY's finest classic steak houses complete with spinach gratins and thick-cut grilled bacon. The thing to order: slow cooked cola-braised deviled bones (beef ribs) with a draught beer.

355 Metropolitan Ave (between Roebling and Havemeyer), Brooklyn | +1 718 384 5054

## RED ROOSTER - OPENED DECEMBER 2010

HARLEM

A unique experience to recommend - especially if visiting NY with kids. Sunday gospel brunch at Marc Samuelsson's Southern comfort food restaurant combines great comfort food, art, style and scene in Harlem, which has greatly changed for the better over the years. Advise to order the fried chicken - out of this world! They have live music or a DJ four nights a week. Great cocktails too! Hard to get a table... sitting at the bar if a party of two is a nice bustling experience.

310 Lenox Avenue (between 125th & 126th Streets) | +1 212 792 9001 | www.redroosterharlem.com

## DRINKS/LOUNGE

## BEMELMAN'S BAR AT THE CARLYLE

An absolute classic. The bar has seen screen legends, music gods and heads of state walk through its doors. Atmosphere is well-heeled and old-world with jazz from performers that include Woody Allen and Elaine Stritch.

Carlyle Hotel, 35 East 76th Street (at Madison Avenue)  
+1 212 744 1600 | www.thecarlyle.com

## THE DARBY

Enjoy performances by The Darby's six-person house live band, featuring Lady Rizo and her Marchesa outfits, at this glamorous supper club while enjoying classic American cuisine by Food Network star Alex Guarnaschelli. Artists such as Bruno Mars and Taylor Swift have been known to jump on stage to wow the crowd. The space also has a basement lounge for those looking for a drink with less entertainment. Try to reserve the six-top center booth - No. 74 - for the best view of the stage.

244 West 14th Street (between 7th and 8th Avenues)  
+1 212 242 4411 | www.thedarbynyc.com

## BEAUTY &amp; GROOMING

## THE SPA AT TRUMP SOHO

Decadent, luxurious, a place to escape on a rainy afternoon. Practitioners are excellent; hammam treatments are authentic, the body scrub leaving skin smooth like a baby. Famous LA based facialist Kate Somerville is based here in NY. There is a full service salon on site making it easy for clients to go from Spa to evening.

246 Spring Street | +1 877 828 7080 | trumpsohohotel.com

## HOMMAGE ATELIER BY JULIEN FAREL

Tucked away in the penthouse at Julien Farel's salon is this sharp and contemporary men's salon. Before treatments start, customers can browse an iPad and have a drink while their jackets are steamed and shoes shined. Services include anything from shaves and hair cuts to massages, facials and nail treatments.

605 Madison Avenue (between 57th & 58th Streets)  
+1 212 752 2100 | www.hommage.com



## THE MONTHLY LIFESTYLE REPORT

prepared for:

Concierge Team

NEW YORK CITY  
OCTOBER 2011

## NEW PLACES TO STAY

## THE SETAI FIFTH AVENUE - OPENED NOVEMBER 2010

*\*there are some boutique hotels which have opened since but nothing on this scale*



The Big Apple's most recently opened grand scale, very upscale hotel. Sleek, chic Asian style right in the center of Fifth Avenue between 36th and 37th streets. (Not a pretty part of the city but central making it easy to taxi/ walk to most places) Modern, clutter-free Eastern inspired décor throughout the huge rooms (with floor to ceiling windows) and gorgeous light-filled public space. Booking for a business trip? Review the equally stylish tech-ed out meeting rooms. Relax and fitness? The lower level boasts a fully equipped spa, a Julien Farel hair/ beauty salon and gym with top equipment.

Dining and drinks - the "see-and-be-seen" ground floor bar called 'The Bar on Fifth', many evenings with live great jazz musicians. The elegant restaurant on the 1st floor: 'Ai Fiori' has become known as one of NYC's top dining establishments for business and pleasure.

[www.setaififthavenue.com](http://www.setaififthavenue.com) | +1 212 695 4005

## HÔTEL AMERICANO - OPENED SEPTEMBER 2011



Grupo Habita, revered boutique hotel star of Mexico ventured into NYC recently opening their 11th hotel. This off-the-beaten path area of the city (West 27th Street between the Highline and Chelsea River) is gaining in popularity and in art galleries - more on their way. This is an option for the 40 and younger set for the most part, but is expertly run and something different. Just three room types are offered all with platform wooden beds, a very modern, hip feel, some with soaking tubs and fireplaces. Olivier Reginensi, the executive chef pangs classic French fare with his Latin roots in a cool, open, high ceilinged bar and restaurant.

Unique NYC feature: Bikes are loaned out to guests - who can venture a straight shot down to the Statue of liberty boat docks.

[www.hotel-americano.com](http://www.hotel-americano.com) | +1 212 216 0000

## FITNESS

## SOULCYCLE

A veritable cardio party at this 45-minute intense full-body spinning class with great music in a candle-lit dark room. Recommend to book a class with MB Regan on her rotating location schedule; she is tough but worth it.. say in-the-know New Yorkers. Savvy suggestion for a sporty/fit card member looking for something different than the hotel gym.

Tribeca (flagship): 103 Warren Street | +1 212 406 1300 | [www.soul-cycle.com](http://www.soul-cycle.com)

Upper West Side: 350 Amsterdam Avenue | +1 212 787 1300

Upper East Side: 1470 Third Avenue | +1 212 639 1300

Union Square: 12 East 18th Street | +1 212 208 1300

## REEBOK SPORTS CLUB: ASPEN ASCENT

Prepare for 2012 Ski season. Instructors from the Aspen/Snowmass resort are installed at the Reebok Club Upper West Side to guide clients towards a pain and injury free Winter. Clever exercises and a slice of the mountains in NYC. Cool to recommend to sporty types on business with a few spare hours here and there.

160 Columbus Avenue | +1 212 362 6800 | [www.mpsportsclub.com/clubs/reebok-sports](http://www.mpsportsclub.com/clubs/reebok-sports)

## UNIQUE/IMPRESSIVE GIFTS

*\*Available online not specific to NYC*

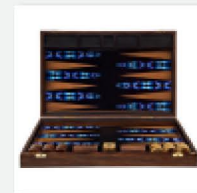
## CAPULET CASES



Elegant and fashionable leather covers and purses for iPads, MacBooks and Kindles. UK-based, Spanish-made at the same factory as Balenciaga.

[www.capuletlondon.com](http://www.capuletlondon.com)

## ALEXANDRA LLEWELLYN DESIGN



Beautifully crafted backgammon boards that are hand-painted or embellished. All lacquered wood cases have leather-lined compartments and dice cups, and veneered-wood playing pieces. Backgammon boards

and tables may also be customized with personal pictures or monograms.

[www.alexandralllwyn.com](http://www.alexandralllwyn.com)

## NEW STORES &amp; BOUTIQUES

## TORY BURCH

Newly opened flagship, spread over three floors and a terrace, features exclusives to this location in addition to the main collection. Other locations downtown.

797 Madison Avenue | +1 212 510 8371 | [toryburch.com](http://toryburch.com)

## SUPER SERVICE

## SORELLE FIRENZE

Florentine sisters Barbara and Monica Abbatemaggio are a panoply of talents that make the style side of life both more streamlined and fun. This duo of designers /stylists / wardrobe consultants created their fashion/home styling consultancy to help busy women and men alike sort through their wardrobe to create looks that are unique, elegant, and of the time — devising styles that best suit each individual client. Knock off favorite trousers in two different fabrics? Re-make a dress once adored? Find the perfect black dress? Clients are in the right hands — the sister duo does it all with flair and practicality. A pleasure to work with.

[monicaholzer@gmail.com](mailto:monicaholzer@gmail.com) | +1 646 389 7269  
[www.sorellefirenze.com](http://www.sorellefirenze.com)

## WEEKEND GETAWAYS: WITHIN 3 HOURS FROM NYC

### THE WHEATLEIGH



Especially wonderful with autumnal colors surrounding the property, but lovely year-round. Chateau-style hotel that is perfect for a quiet weekend getaway.

The hotel doesn't have a spa but in-room massages can be arranged. Walks overlooking the Berkshire mountains and lake Wheatleigh. On site restaurant is refined, upscale cuisine in a light, formal type dining room. A nice solo or romantic retreat. Hawthorne Road, Lenox, MA 01240 | +1 413 637 0610 [www.wheatleigh.com](http://www.wheatleigh.com)

Driving distance from New York: About 2.5 hours.  
Easy access by private plane.

### WINVIAN



18 private and VERY unique cottages tucked away in 113 acres of rolling countryside. Décor varies from 'Treehouse', 35 feet off the ground, to 'Helicopter', built around a 1968 fully restored Sikorsky HH37 Sea King Pelican. Modern spa. Fantastic farm house food cooked to perfection with impressive wine list. Good for either a romantic couple or family getaway. Cooking classes offered various times of the year, as is cross-country skiing in winter and antique jaunts to local towns year round.

155 Alain White Road, Morris, CT 06763  
+1 860 567 9600 | [www.winvian.com](http://www.winvian.com)

Driving distance from New York: About 3 hours /96 miles

## AROUND THE WORLD OCTOBER 2011

### TO KNOW & NOTE

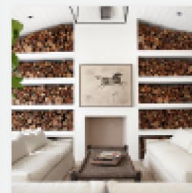
*Highly publicized, newsworthy items in the high-end lifestyle space to be aware of.*

#### MR. C BEVERLY HILLS

There has been a lot of buzz around the new Cipriani Hotel 'Mr. C in Los Angeles'. While the facilities are superb, the service flawless and the bellinis delicious, the location is more than a bit off. While technically it is in Beverly Hills, it's located south of Wilshire Boulevard and not in a particularly nice or luxe part of town - very important to know & approve of before booking! [www.mrchotels.com](http://www.mrchotels.com)

### DETOX / BOOT CAMP

#### RANCH AT LIVE OAK IN MALIBU (CALIFORNIA, USA)



The place celebs, executives and Type A's are going to lose weight, detox/ cleanse and get on their best well-being track. Opened September 2010, it is already a very popular and highly respected center. This intense, no-option 1-week wellness program focuses on 10 hours of daily exercise, a strict vegetarian diet and no WiFi (except in one central area where guests can check in if needed/ desired). The setting is nature-Zen

design-beauty; the team is top notch, the program demanding and the outcome (whatever it is) excellent. Makes for a great gift for someone who would appreciate it and not be offended!

[www.theranchmalibu.com](http://www.theranchmalibu.com) | +1 310 457 8700

## WORLDWIDE: WONDERFUL PLACES TO HOLIDAY

### DELAIRE GRAFF ESTATE IN STELLENBOSCH (SOUTH AFRICA)



Escape the winter cold to summery South Africa's wine region. No expense was spared at this ultra-luxurious Cape Winelands estate that is owned by diamond magnate and art collector Laurence Graff. The hotel consists of ten exquisitely appointed lodge suites with individual, outdoor infinity pools, two restaurants, a world-class art collection, a private cinema as well as a gym and spa.

[www.delaire.co.za](http://www.delaire.co.za) | + 27 21 885 8160

### CAPELLA PADREGAL IN CABO SAN LUCAS (MEXICO)



This impeccably run 24-acre resort in Cabo San Lucas is carved into granite cliffs where the Pacific Ocean meets the Sea of Cortez and can be reached via a private tunnel. Once arrived, it is the perfect destination for a resort holiday with 66 beachfront guestrooms (each with its private plunge pool), delicious food, a kid's club, tennis, boating, a spa and salon.

[www.capellapedregal.com](http://www.capellapedregal.com) | +52 624 163 4300

### LE GRAY HOTEL IN BEIRUT (LEBANON)



Cool, modern oasis in Beirut's historic Central District by Gordon Campbell Gray, the hotelier behind London's One Aldwych and Antigua's Carlisle Bay. The hotel, with its sweeping views of the Mediterranean and Mount Lebanon, offers spacious suites, a rooftop infinity pool, bar and restaurant as well as a spa and gym.

[www.legray.com](http://www.legray.com) | +961 1 971 111

### MONTAGE IN DEER VALLEY (UTAH, USA)



This gorgeous family ski resort, which opened in December 2010, has all what a top ski resort should: The vibe, aesthetic, amenities, warm service, activities, setting, fine food and thoughtful general touches. Great for ski enthusiasts, due to its ski-in/ski-out location on the base of six-peak Deer Valley, as well as for other winter sports fans. Other hotel amenities include a 35,000-sf spa and gym (including a pool), a kids club and a bowling alley. Note that no snowboarding is permitted in Deer Valley.

[www.montagedeervalley.com](http://www.montagedeervalley.com) | +1 435 604 1300



# A PERFECT DAY IN... LOS ANGELES...FOR: ACTIVE SPORTY TYPES



*With its vast and beautiful landscape and year-round nearly perfect weather there is so much to do in Los Angeles!*

## HIKING

Griffith Park  
Hollywood

Over 50 miles of hiking trail available throughout the country's largest park. Amazing scenery and home to that most 'LA' of sights: the Hollywood sign.

4730 Crystal Springs Drive, Hollywood, CA 90027  
+1 323 913 4688 | [www.laparks.org](http://www.laparks.org) | Area: Hollywood

Temescal Canyon  
Pacific Palisades

Quite a challenging hike, but the scenery is lovely – takes you past deep rocky formations, water springs and an amazing ocean panorama with abundant wildlife.

Temescal Canyon County Park, CA 90272  
[www.lamountains.com](http://www.lamountains.com) | Area: Pacific Palisades

Runyon Canyon Trail  
Hollywood Hills

If driving Mulholland Drive is a quintessential LA in-car experience, then stopping off to hike Runyon Canyon is the best out-of-car. The most popular stretch is the four-mile path in the center.

Runyon Canyon County Park, CA 90068  
[www.runyoncanyon-losangeles.com](http://www.runyoncanyon-losangeles.com) | Area: Hollywood Hills

Topanga State Park  
Pacific Palisades

Located in the cliffs and canyons of the Santa Monica Mountains. Great for hiking and trail runs. Note that dogs are not allowed on the park trails, fire roads or in the back country.

Topanga, CA 90290 | [www.parks.ca.gov](http://www.parks.ca.gov)

Echo Mountain  
Altadena

Real get-away-from-it-all country, north of Pasadena in the Angeles National Forest. The Echo Mountain Sam Merrill trail is a relatively strenuous, historic six-mile round trip.

Angeles National Forest, Altadena, CA 91001

## CLIMBING

Hangar 18  
Hawthorne

When weather doesn't permit outdoor climbing or you're just looking to practice, check out this 12,000-square foot climbing terrain.

4926 W. Rosecrans Avenue, Hawthorne, CA 90250  
+1 310 973 3388 | [www.climbhangar18.com](http://www.climbhangar18.com) | Area: Hawthorne

## SURFING

Learn to Surf LA  
Santa Monica

Grab your board and get into the ocean. Friendly and professional instructors, all equipment available. Even beginners will be standing in the first lesson. Surf's up!

Santa Monica Lifeguard Tower 18, Santa Monica, CA 90401  
+1 310 663 2479 | [www.learntosurfLA.com](http://www.learntosurfLA.com) | Area: Santa Monica

Malibu

Already know how to surf and looking to catch some waves? Drive to Malibu and particularly Zuma Beach.

3000 Pacific Coast Highway, Malibu, CA 90265 | Area: Malibu

## BIKE RIDING

Perry's Café and Rentals  
Santa Monica/Venice

Pick up a beach cruiser at one of their 8 locations and ride your bike along Santa Monica and Venice.

[www.perryscafe.com](http://www.perryscafe.com) | Area: Santa Monica/Venice



# A PERFECT DAY IN...LOS ANGELES... FOR: ACTIVE SPORTY TYPES (CONTINUED)



## HORSEBACK RIDING

Sunset Ranch

Griffith Park, Hollywood

Ye-haw! Horseback rides through Griffith Park for one or two hours during the day, or during the evening. Also do kids parties with 30-minute lessons and hour-long rides.

3400 North Beachwood Drive, Hollywood, CA 90068

+1 323 469 5450 | [www.sunsetranchhollywood.com](http://www.sunsetranchhollywood.com)

Area: Griffith Park, Hollywood

Los Angeles Equestrian Center

Griffith Park, Hollywood

Take lessons or rent a horse at this 75-acre equestrian center with approximately 55 miles of trails that was built for the 1984 Olympics.

480 Riverside Drive, Burbank, CA 91506 | +1 818 840 9063

[www.la-equestriancenter.com](http://www.la-equestriancenter.com) | Area: Griffith Park, Burbank

## TRAPEZE

Want to unleash your inner acrobat? Check out Trapeze School on the Santa Monica Pier.

370 Santa Monica Pier, Santa Monica, CA 90401

+1 310 394 5800 | [www.losangeles.trapezeschool.com](http://www.losangeles.trapezeschool.com)

Area: Santa Monica

## BEACHES

Spend the day at any of the beaches on the California Coast or dig your feet into the sand at the Beach Café with a cocktail in your hand at Paradise Cove, just past Malibu (also and easy, down-to-earth brunch spot)

[www.paradisecovemalibu.com](http://www.paradisecovemalibu.com) | Area: Malibu

## BOATING

Marina del Rey Boat Rentals

Rent a boat or kayak and enjoy a day on the water.

13719 Fiji Way, Marina Del Ray, CA 90292 | +1 310 574 2822

[www.boats4rent.com/marina-del-rey](http://www.boats4rent.com/marina-del-rey) | Area: Marina del Rey

Newport Aquatic Center

Fun place to go for the family. You can rent kayaks, learn to row, sail, etc.

1 White Cliffs Drive, Newport Beach, CA 92660 | +1 949 7725

[www.newportaquaticcenter.com](http://www.newportaquaticcenter.com) | Area: Newport Beach

## FITNESS

Barry's Boot Camp

A long-time favorite of the West Coast crowd. Calorie-burning cardio on the treadmill is combined with strength training at this military-drill workout.

Classes begin at 5 a.m. and end as late as 10:30 p.m.

1106 N. La Cienega Boulevard, Suite 104, West Hollywood, CA

+1 310 360 6262 | [www.barrysbootcamp.com](http://www.barrysbootcamp.com)

Area: West Hollywood

Santa Monica Stairs

No need to hit the gym when you hit the famous Santa Monica Steps. 189 very popular, steep steps that bring every exercise aficionado to a sweat.

4th Street & Adelaide Drive | Area: Santa Monica